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### Adams Vegetable Oils Primary Products

	Organic	Expeller Pressed	Conventional (Solvent)	Passover Grades
Almond*		☉	☉	
Avocado*		☉		
Flaxseed		☉		
High Erucic Rape			☉	
High Oleic Safflower*	☉	☉	☉	☉
High Oleic Sunflower*	☉	☉	☉	☉
Linoleic Safflower*	☉	☉	☉	☉
Linoleic Sunflower*	☉	☉	☉	
Mid Oleic Sunflower*	☉	☉	☉	
Non-GM Canola*	☉	☉		
Non-GM High Oleic Canola	☉	☉		
Non-GM Lecithin	☉	☉		
Non-GM Soy	☉	☉		
Organic Coconut	☉			
Palm	☉			
Palm Olein	☉			
Palm Stearin	☉		☉	
Rice Bran*			☉	
Walnut		☉		☉

### Standard and Custom Blended Oils

75% Oleic Saff and/or Sun*	☉	☉	☉
Food Grade Release Agents	☉	☉	☉
Infant Nutrition Formulas	☉	☉	☉
Blends for Specific Applications	☉	☉	☉

\*Can be winterized



[www.adamsvegetableoils.com](http://www.adamsvegetableoils.com)

## Adams Vegetable Oils Primary Products

	Mono's	Poly's	Sat's	Smoke Point °F	Key Characteristics	Typical Uses
Almond	70	18	8	420	Superb emollient properties	Cosmetics, Soap Making, Dressings
Avocado*	71	14	12	490	Highly moisturizing & stable	Cosmetics - Creams, Soaps, Skin Care, Dressings
Flaxseed	20	66	10	225	High in the Omega 3 Alpha Linoleic Acid	Dietary Supplement e.g. in Margarine
High Erucic Rape	70	19	7	N/A	High Erucic Acid content @ 40% min	Lubricants, Slip Agents, Heat Transfer Fluid
High Oleic Safflower*	75	13	8	490	High Stability - Economical alternative to HO Sun	Frying, Baking, Cosmetics, Dressings, Sauces
High Oleic Sunflower*	84	4	10	480	High in C18:1 allows for extended shelf life	Frying, Bakery, Non Dairy Creamer
Linoleic Safflower*	14	75	6	425	Highest levels of Omega-6 Linoleic Acid	Dressings, Mayonnaise, Supplements
Linoleic Sunflower*	20	66	10	425	Source of Omega-6 Linoleic Acid	Salad Dressing, Frying, Pet Food
Mid Oleic Sunflower*	57	29	9	450	Mid Oleic acid content	Baking, Frying, Sauces & Dressings
Non-GM Canola*	59	30	7	425	Low in Sats, higher in Mono's	Mayonnaise, Dressings, Margarine
Non-GM High Oleic Canola	72	17	6	450	Higher stability to Canola	Frying, Baking
Non-GM Soybean*	24	61	15	425	Economical & available oil high in Poly's	Baking, Frying, Mayonnaise, Margarine
Organic Coconut	7	2	91	450	Lauric oil, solid at room temp. High levels of MCT's	Bakery & Confectionary Applications, Soap Making
Palm	41	10	48	450	Organic alternative to hydrogenated oils	Shortening, Bakery, Frying, Binder
Palm Olein	41	11	45	430	Liquid at room temp, economical frying oil	Frying & Blending Partner
Palm Stearin	27	7	62		Hard fat with high melting point	Nut Butters, Confectionary, Shortenings
Rice Bran*	54	30	16	490	Stable & High in the antioxidant Gamma Oryzanol	Frying Oil
Walnut	19	71	8	410	Moderately High in Linolenic Acid	Salad Dressings, Sauces, Baking

## Standard and Custom Blended Oils

75% Oleic Saff and/or Sun*	75			475	Minimum 75% Oleic content, Economical	Frying Oil Blend
75% Oleic Sun & Canola*	75			470	Minimum 75% Oleic content, Economical	Frying Oil Blend
Infant Nutrition Formulas					Made to order	
Blends for Specific Applications					Made to order	

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